

# SPECIAL SEMINAR SERIES

## PART FOUR: INVESTIGATING PSYCHOLOGICAL REACTIONS TO COVID-19

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Expertise Areas: mental health, mindfulness, and quality of life



While governments around the world continue to work out how best to tackle the health crisis brought about by COVID-19, research has also started to investigate what psychological reactions people may have to the pandemic. A number of questionnaires have been developed to assess pandemic-related aspects of anxiety and fear. Gradually, a clearer picture is emerging about the role of these variables in motivating relevant health-promoting behaviours. Specific challenges to mental health will also need to be addressed in future research.

**Wed 7th October**  
**11am to 12:15 pm**  
**Room: TBC**

***This seminar is hosted by the Auckland Centre for Financial Research.***  
***All are welcome.***

For more information, please visit <https://acfr.aut.ac.nz/conferences-and-events>

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